



Rita Mayell

Books that brought understanding during times of Transition!

Transitions: Making Sense of Life's Changes	William Bridges
The Way of Transition: Embracing life's most difficult moments	William Bridges
The Critical Journey Stages in the Life of Faith	Janet O. Hagberg Robert A. Guelich
The Making Of A Leader – Recognizing the lessons and stages of Leadership Development	Dr. J. Robert Clinton
STUCK: Navigating Life and Leadership Transitions	Terry B. Walling
The Calling Journey – Mapping The Stages Of A Leader's Life Call	Tony Stoltzfus
Switch On Your Brain: The key to peak happiness, thinking, and Health	Dr. Caroline Leaf
Destined to Win	Kris Vallotton